

# YOUR MENU THIS WEEK WEEK (2)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH MEAT	Sweet potato mac 'n' cheese (v)	Chilli con carne (lamb)	Slow roasted pork shoulder with gravy	Southern spiced turkey burger in a bun with spicy mayo	Battered sustainable fish or Breaded salmon fishcake
MAIN DISH VEGETARIAN	Spinach, lentil & cheese sausage roll (v) Potato wedges	Beetroot burger & sweet chilli sauce (v)	Vegetable moussaka (v)	Chickpea & lentil dahl (v)	Butternut squash, carrot & chickpea mild green thai curry (v)
SIDES	Broccoli Carrot Slaw	Wholegrain Rice Steamed greens	Herb diced roast Potatoes Parsnips & carrots Red cabbage slaw	Roasted squash Naan bread Mixed Salad	Chips Peas Baked beans
PUDDINGS	Lemon drizzle Cake	Seasonal fruit crumble & custard	Orange cookie	Yoghurt with honeydew & topping	Banana loaf & custard

Available daily:  
Handmade bread,  
Fresh fruit & Pantry

Also available daily:  
Jacket potatoes served with a selection of fillings

GOOD FOR  
**you**

Allergen Key: 1. Milk, 2. Fish, 3. Gluten, 4. Peanuts, 5. Tree nuts, 6. Soya, 7. Sesame, 8. Lupin, 9. Shellfish, 10. Molluscs, 11. Egg, 12. Sulphite, 13. Celery, 14. Mustard \*MENU IS SUBJECT TO CHANGE SHOULD INGREDIENTS BE UNAVAILABLE\*

Love the food that loves you back♥