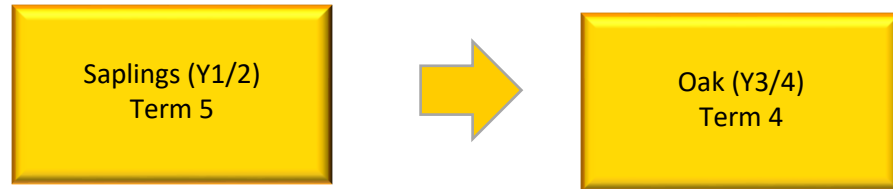


Halstead Community Primary School P.E and Design Skills Progression

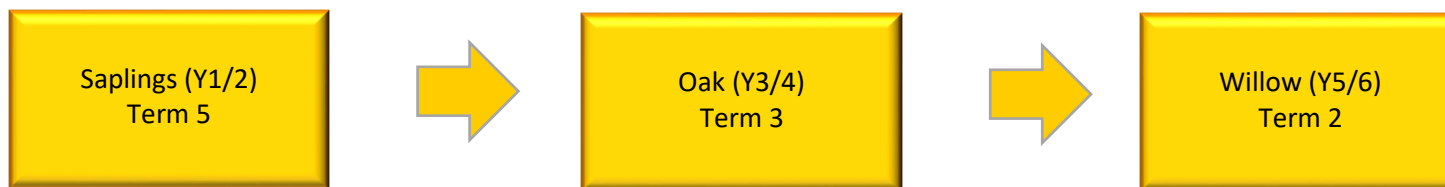
Dance

Cycle A



	Saplings (Y1/2) Term 5		Oak (Y3/4) Term 4	
	Year 1	Year 2	Year 3	Year 4
Dance	Copy and explore basic movements and body patterns, responds to range of stimuli.		<p>Develop knowledge of dance terminology.</p> <p>Develop ability to move with confidence to music.</p> <p>Show an awareness of the outside and inside of the space used.</p> <p>Demonstrate changes of direction, speed and level during performances.</p> <p>Move in a clear, fluent and expressive manner.</p>	

Cycle B



	Saplings (Y1/2) Term 5		Oak (Y3/4) Term 3		Willow (Y5/6) Term 2	
	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Dance		<p>Develop own way of moving with more control, varies levels and speed, responding imaginatively to stimuli.</p> <p>Describe a short dance using appropriate vocab.</p> <p>Begin to respond appropriately to the mood of the music.</p> <p>Experiment with use of stillness as a form of expression.</p>		<p>Show an awareness of using the space and follow a routine as part of a large group.</p> <p>Commit to gestures when performing a routine.</p> <p>Utilise changes of direction, speed & level during performances.</p> <p>Create movements that convey a clear stimulus, refining these movements into sequences.</p> <p>Plan, perform & create movements, experimenting with ways of travelling</p>	<p>To take the lead and create a routine for a small group.</p> <p>Compose creative and imaginative dance sequences with a clear stimulus, performing expressively and precisely.</p>	<p>Perform with confidence using a range of movement patterns.</p> <p>Modifies parts of a sequence as result of peer and self-evaluation.</p> <p>Uses more complex dance vocab to compare and improve work.</p> <p>Display strong sense of musicality and interpretation.</p>