



Halstead Community Primary School Curriculum Overview **P.E**

The knowledge and skills are covered in a two year cycle.

Cycle A

	Autumn Term		Spring Term		Summer Term	
	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Saplings	Health Related Exercise (HRE) Multi-skills	Co-ordination Handball	Balance Agility	Gymnastics Striking & Fielding	Dance Athletics	Swimming
Oak	Swimming	Swimming	Gymnastics Hockey	Dance Basketball	Tennis Football	Athletics Health Related Exercise (HRE)
Willow	Cricket Football	Netball Gymnastics	Swimming	Swimming	Swimming	Athletics Parkour Health Related Exercise (HRE)

Cycle B

	Autumn Term		Spring Term		Summer Term	
	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Saplings	Health Related Exercise (HRE) Multi-skills	Co-ordination Handball	Balance Agility	Gymnastics Striking & Fielding	Dance Athletics	Swimming
Oak	Swimming	Swimming	Dance Netball	Gymnastics Handball	Tag rugby Cricket	Athletics Multi-skills
Willow	Tennis Tag rugby	Hockey Dance	Swimming	Swimming	Swimming	Athletics Parkour Health Related Exercise (HRE)